

## **WORRY IS A WASTE OF TIME**

*'Don't worry about anything; instead, pray about everything.'*  
*Philippians 4:6 NLT*

**Sabbath, March 12<sup>th</sup>, 2016**  
**10:45-12:15**

### **Praise Team**

Trudy Morgan-Cole  
Charlene Mannings

### **Announcements**

Kevin Blake

### **Welcome**

Trudy-Ann Brown

### **Worship through Praise**

*#74 Like A River Glorious*

### **Worship through Giving**

Georgina Somerton  
*Adventist World Radio*

### **Worship through Prayer**

Kevin Blake

*#671 As We Come To You In Prayer*

### **Children's Story**

Trudy Morgan-Cole

### **Special Music**

MASDAS

### **Worship through Meditation**

Kirk Norine

*Genesis 32:22-24*

### **Worship through the Word**

Paul Veber

*"Decisions At The River"*

### **Service of Humility**

**The Lord's Supper**

### **Worship through Commitment**

*#620 On Jordan's Stormy Banks*

### **Benediction**

Worry is one of the most ineffective pastimes we can indulge in. Jesus Himself asked, 'Can all your worries add a single moment to your life?' (Matthew 6:27 NLT). Worry is the assassin of rest and relationships. It stalks us and hijacks our minds. While we may continue to function publicly, there's a sinister force lurking within us. This enemy called worry disorients moods, destroys creativity, and depletes your sense of completion which comes from within and can't be achieved by the acquisition of things. Why do we wrestle so much with things we can't change? One pastor writes: 'It took me years to realise that when I went to bed I shouldn't go with half my day wrapped around my head. I wrestled all night with issues that couldn't be resolved until morning anyway. I can't tell you how many days I went to work feeling like the worn heel of an old shoe. I was less effective, tenser, unable to perform to full capacity, and it took its toll on my relationships.' Can you relate? Here's God's prescription for worry: 'Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done. Then you will experience God's peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus ... Fix your thoughts on what is true ... honorable ... right ... pure ... lovely, and admirable ... things that are excellent and worthy of praise ... Then the God of peace will be with you' (Philippians 4:6-9 NLT). Today let God set you free from worry. Source: The UCB Word for Today.

#### **Pastor**

Eric Ollila  
747-9827

#### **Head Deacon**

Jason Cole  
728-3221

#### **Kitchen Coordinators**

Rosie Gallimore  
781-2412

#### **Church Clerk**

Margaret Moore  
739-7473

#### **Head Deaconess**

Rowena Gallimore  
781-2412

#### **Bulletin Secretary**

**Safety/Security Officer**  
Alice Brown  
722-8422

#### **Community Services**

Pratt Saunders  
753-0396

#### **Church Elder**

Phillip Milmine  
699-2379

#### **Church Elder**

Kevin Blake  
689-7648

#### **Treasurer**

Angie Hodder  
743-7227

#### **Church Office Hours:**

Mon - Thurs  
10 am - 12:30 pm

#### **Address:**

30 Aldershot Street  
St. John's, NL A1C 5V3  
Tel: 709-579-2530  
Fax: 709-745-1600

#### **Service Times:**

Sabbath School: Saturday 9:25 am  
Worship Service: Saturday 11:00 am  
Bible Study: Wednesday 7:15 pm

#### **Website:** [www.stjohnssda.org](http://www.stjohnssda.org)

Facebook: [www.facebook.com/stjohnssda](http://www.facebook.com/stjohnssda)  
Twitter: [www.twitter.com/stjohnssda](http://www.twitter.com/stjohnssda)  
Youtube: [www.youtube.com/stjohnssda](http://www.youtube.com/stjohnssda)

#### **Sermon**

Pastor Eric Ollila

#### **Platform Chair**

Phillip Milmine

#### **Praise Team**

Stephanie Anthony  
MASDAS

#### **Greeter**

Lori Lazarov

#### **Special Music**

Holly & Danielle Anthony

#### **Deacons**

Hughie Purcell  
Isaiah Lazarov  
Mauricio Belga  
Kirk Norine

#### **Children's Story**

Children's Church  
Shanna Nyathi

#### **Sab. School Super.**

Alice Brown

## Sabbath School Program

**Song Service: 9:25 - 9:40 a.m.**  
**Adult Lesson Discussion - 9:40 - 10:40 a.m.**  
**Children's Divisions: 9:25 - 10:40 a.m.**

Superintendent: Alice Brown

Song Service: Joshua Veber & Charlene Mannings

### Adult Quarterly **Rebellion and Redemption** “Peter on the Great Controversy”

Class #1  
Back Sanctuary Alice Brown  
Class#2  
Parents' Room Jason Cole

Beginners: Carmen Rowse Downstairs Right  
Kindergarten: Njomza Young Downstairs Right  
Primary: Nikkii Norine Downstairs Right  
Juniors: Celest Corkum Downstairs Left  
Earliteen/Teen: Trudy Morgan-Cole Downstairs Left

Cecila Locke, Florence Pennell, Louise Stansbury, Margaret Brown, Della Worden, Bridget Oakley, Terry & Bonnie Alexander, Dixie Parsley, Mary White, Lorraine Noftal, Margaret Tucker, Richard Tucker.

**Prayer Thought:** “...I have come that they may have life, and that they may have it more abundantly. And I give them eternal life, and they shall never perish; neither shall anyone snatch them out of My hand.” John 10: 10, 28 NKJV

**WELCOME:** A warm welcome to all our visitors and guests today! If you are visiting for the first time, or if you are returning to worship, we pray that you will be blessed and find the love of Jesus here today.

**TITHE & OFFERINGS:** Today's offering is for Adventist World Radio. Thank you for your gift today! Please give generously when waited upon by the deacons. ONLINE GIVING NOW AVAILABLE: Please visit the SDA website at [www.stjohnssda.org](http://www.stjohnssda.org)

**COMMUNION:** Today we are once again reminded of a very important example our Lord and Saviour left for us to follow. May your heart be blessed as you take part in this service and reflect upon His great act of love for each of us.

**ADVENTIST WORLD RADIO ANNUAL OFFERING:** God is using AWR's broadcasts – on shortwave, AM/FM, on demand, and podcasts – to carry His love directly into people's homes and hearts. “*Every Sunday morning, I wait impatiently for your radio program, as it is something precious to me,*” wrote a listener in Ukraine. “*Your program encourages me to think deeper about God, and helps me and my relatives find answers to some vital questions. I am very thankful to you for what you do.*” We invite you today to partner with AWR in this vital ministry.

**CHURCH SOCIAL:** tonight from 6:00 pm to 9:00 pm in the Church's fellowship hall, is the Church Games night. Everyone is encouraged to bring a game (Scrabble, Pictionary, Uno, Jenga, Taboo, etc.) and some light snacks for a night of fun and laughter! The Social Committee will provide popcorn and a light refreshment. We will have a Bouncy Castle so the little kids will have a lot of fun as well!

**HELP FOR FIJI MISSION:** Tropical Cyclone Winston recently destroyed or severely damaged many of our churches and schools in Fiji. On March 19 and March 26 we will be accepting offerings from anyone who would like to send money to the Fiji Mission of the SDA Church to help them in the rebuilding of the churches and schools lost in this disaster. Mark your envelope Fiji.

**THE COLLINGSWORTH FAMILY – NEWFOUNDLAND TOUR, JUNE 2016:** You will not want to miss this evening of Family Worship and Praise! The concert will be held at the Salvation Army Citadel on Adams Avenue on Saturday, June 18 at 7:30 PM. Tickets (\$33) are available at the SA Christian Bookstore and at the Book and Bible House. You can get a sample of their music on their website: [www.thecollingsworthfamily.com](http://www.thecollingsworthfamily.com)

**CHAIR FUND:** To date, \$460 has been donated, enough for about a dozen chairs. Thanks for this encouraging start to our Chair Fund.

**STEWARDSHIP THOUGHT:** "Christ does not estimate the man by the amount of work he does, but by the spirit in which the work is performed. When He sees men lifting the burdens, trying to carry them in lowliness of mind, with distrust of self and with reliance upon Him, He adds to their work His perfection and sufficiency, and it is accepted of the Father." - In Heavenly Places, p.23.

**YOUTH GROUP:** (ages 12-18) will be having a BOWLING NIGHT next Saturday night, March 19. Plan to come and bring a friend. Please speak to Trudy and Jason for details on exact time and location.

**OFFICIAL GOOGLE CHURCH CALENDAR ONLINE:** The St. John's SDA Church has an official Google Calendar that is regularly updated with the latest church calendar items. Google Calendar may be synced to any mobile device, PC, or Mac computer. Visit [www.stjohnssda.org](http://www.stjohnssda.org) for more information.

**FIND US ON:** Website: [www.stjohnssda.org](http://www.stjohnssda.org)  
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Youtube: [www.youtube.com/stjohnssda](https://www.youtube.com/stjohnssda)

**GOSPEL OUTREACH:** Thank you church members, for your dedicated and continued support for Gospel Outreach and our Bible worker in Africa. You are making a difference. Please mark your tithe envelope "Gospel Outreach." If you have any questions, please speak with Randy Noseworthy.

**SUNDAY SOUP SUPPERS:** Sign up in the foyer now if you can help cook or serve for our community suppers in February or March. Also, please remember we continue to need non-perishable food donations for the grocery table we put out for our guests. Small items suitable for single people, especially foods with protein (tins of beans, soup, tuna, etc) are most appreciated! Also note that the time of the soup suppers has been moved back by half an hour; we now serve from 5:00 - 6:00 p.m.

**FREE PIANO:** There is a piano in the Beginner Classroom that is free to a new home, if you can take it away. Please consult with Pastor Ollila to make arrangements. First person who is able to take it away, becomes the new owner.

**BULLETIN DEADLINE CHANGED:** as previously sent via email and announced last Sabbath, this is a reminder that effective this past Wednesday, March 2nd, the weekly church bulletin deadline was changed from Midnight Wednesdays to 5:00 pm Wednesdays. This new deadline will remain in effect unless notified otherwise. Anything received after that time will not be placed in the bulletin for that corresponding week.

**SUNSET THIS WEEK: 6:02 PM**  
**SUNSET NEXT WEEK: 7:12 PM**

- March 12<sup>th</sup> (Saturday) Games night 6:00 pm
- March 15<sup>th</sup> (Tuesday) Depression Recovery 7:00 pm
- March 19<sup>th</sup> (Sabbath) Children's Church 11:00 pm
- March 19<sup>th</sup> (Saturday) Skating
- March 20<sup>th</sup> (Sunday) Soup Supper 5:00 pm
- March 21<sup>st</sup> (Monday) Evangelism Committee Mtg 7:00 pm
- March 22<sup>nd</sup> (Tuesday) Depression Recovery 7:00 pm
- March 26<sup>th</sup> (Sabbath) Easter Program 11:00 pm
- March 26<sup>th</sup> (Sabbath) Church Potluck
- March 29<sup>th</sup> (Tuesday) Depression Recovery 7:00 pm
- April 15<sup>th</sup> – 17<sup>th</sup> (Fri-Sun) Youth Ablaze Rally
- July 4<sup>th</sup>-8<sup>th</sup> (Monday - Friday) VBS