

Sabbath, January 10th, 2015
10:45-12:15

Praise Team
10:45 - 11:00
Trudy/New Life

Welcome & Announcements
Margaret Moore

Worship through Praise
#163 At The Cross

Worship through Giving
Ursula Jamieson
Newfoundland Advance

Worship through Prayer
Margaret Moore

Children's Story
Trudy Morgan-Cole

Special Music
Don Hodder

Worship through Meditation
Kirk Norine
Ephesians 2:5; Philippians 2:12; Romans 5:9-10

Worship through the Word
Eric Ollila
"Are We Saved Or Are We Being Saved?"

Worship through Commitment
#337 Redeemed!

Benediction

Sermon
Pastor Eric Ollila

Platform Chair
Kevin Blake

Chorister
Anthony Trio/Alice Brown

Greeter
Grace Belga

Special Music
Charlene Manning

Deacons
Kevin Nyathi
Randy Noseworthy
Joshua Veber
Jeremias Martin

Children's Story
Sarah Milmine

Sab. School Super.
Sarah Milmine

WHEN FATIGUE THREATENS YOU

'Be still, and know that I am God.' Psalms 46:10

When you're running on fumes, instead of berating yourself for failed attempts at 'spirituality', one writer says it's time to tie a tourniquet on the wound of busyness... [or] we'll bleed a spiritual death. Doing more, and doing it faster, isn't taking us to a place of peace. The distraction is nothing more than a momentary escape. Sooner or later we have to stop... Psalm 46:10 says, "Be still, and know that I am God." When we're forced to be still the magnitude of the weight we carry becomes enormous, the loneliness unbearable. We think momentum keeps us from thinking... from feeling... from knowing sooner or later we have to stop.' When you need to be spiritually restored, go to the throne, not the phone! No matter how good your friends are, they can't meet your need like God can. Jesus said, 'Come to Me... and I will give you rest' (Matthew 11:28 NIV). Consider it His personal RSVP to talk to Him and tell Him how you feel, like a child talks to a loving parent who can help them. Designate a special place to be alone with God, and discipline yourself to go there often. And don't just tell Him what you need; listen for what He's trying to tell you. Don't be in a hurry to get back into the rat race; stay in God's presence until you understand that the burdens you're carrying were never meant to be shouldered alone. The most important thing: we find time for what we consider important, so get your priorities straight and 'seek first His kingdom' (Matthew 6:33 NIV). When you 'come near to God... He will come near to you' (James 4:8 NIV). Source: The Word for Today.

Pastor

Eric Ollila
747-9827

Head Deacon

Vacant

Treasurer

Wayne Taylor
364-4048

Church Clerk

Margaret Moore
739-7473

Bulletin Secretary

Alice Brown
722-8422

Head Deaconess

Rowena Gallimore
781-2412

Community Services

Pratt Saunders
753-0396

Church Elder

Paul Veber
895-0166

Kitchen Coordinator

Lucy Ollila
747-9827

Church Elder

Kevin Blake
689-7648

Church Elder

Phillip Milmine
764-2717

Church Office Hours:

Mon - Thurs
10 am - 12:30 pm

Service Times:

Sabbath School: Saturday 9:25 am
Worship Service: Saturday 10:55 am
Bible Study: Wednesday 7:15 pm

Address:

30 Aldershot Street
St. John's, NL A1C 5V3
Tel: 709-579-2530
Fax: 709-745-1600

Website: www.stjohnssda.org

Sabbath School Program

Song Service: 9:25 - 9:40 a.m.
Adult Lesson Discussion - 9:40 - 10:40 a.m.
Children's Divisions: 9:25 - 10:40 a.m.

Superintendent: Paul Veber
 Song Service: Trudy/Lori Group

Adult Quarterly **PROVERBS**
"From Ears to Feet"

Class#1
 Back Sanctuary Margaret Moore

Class#2
 Parent's Room Jason Cole

Beginners: Carmen Rowse
 Kindergarten: Angie Hodder
 Primary: Nikki Norine
 Earliteen/Teen: Trudy Morgan-Cole

Downstairs Right
 Downstairs Right
 Downstairs Right
 Downstairs Left

Linda Best & family, Margaret Brown, Della Worden, Bridget Oakley, Terry & Bonnie Alexander, Dixie Parsley, Mary White, Lorraine Nofal, Ray Fagan, Margaret Tucker, Annie Tucker, Richard Tucker, Edna White, Warren Gallimore, Cecilia Locke.

Prayer Thought: "He shall call upon me, and I will answer him; I will be with him in trouble; I will deliver him and honor him, with long life I will satisfy him, and show him My salvation." Psalm 91:15 NKJV

WELCOME: A warm welcome to all our visitors and guests today! If you are visiting for the first time, or if you are returning to worship, we pray that you will be blessed and find the love of Jesus here today.

TITHE & OFFERINGS: Today's offering is for Newfoundland Advance Please give generously when waited upon by the deacons. **ONLINE GIVING NOW AVAILABLE:** Please visit the SDA website at www.stjohnssda.org

MEMBERSHIP TRANSFER: Today we have the second reading and vote on the recommendation of the Board for the transfer of membership of Esther Naranjo from our church to Sherbrooke, PQ.

WARM HEARTS IN MEMORIAM FUND: Donations given to this fund will help in the purchase of a new furnace.

COMMUNION: Prepare your hearts for a wonderful blessing as we celebrate The Lord's Supper next Sabbath. 'As oft as you eat this bread and drink this cup, you do show the Lord's death until He comes' 1Cor. 11:26.

OFFICER ORIENTATION: The orientation that was scheduled for tomorrow has been cancelled.

POTLUCK: On Sabbath, January 17th, there will be a potluck downstairs immediately following the service. All are invited.

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STEWARDSHIP THOUGHT: How does my gift help the church? He who does the sowing and he who does the reaping (gathering a crop unto eternal life) will rejoice together. Other men labor and we enter into their labor and reap a crop. Both are important, (even the watering is important). We give a hand to help and cooperate and then we rejoice together. John 4:34-38.

PRAYER MEETING: Every Wednesday night at 7:15 p.m.

CEMETERY FUND: Soon we will have to send our annual contribution of \$500 to the General Protest Cemetery Fund. Right now this account is in the red. Whatever you can do to help us raise the money needed would be most appreciated.

MASDAZ: Do you play a musical instrument? Do you want to be a part of ministry which is committed to cheering up the seniors with Hymns and providing reassurance of God's everlasting Love? If so, then become part of the Nursing Home Ministry team! Join in the visitation of the seniors; minister to them through Hymns. James 1:27 (NKJV) says: "Pure and undefiled religion before God and the Father is this: to visit orphans and widows in their trouble, *and* to keep oneself unspotted from the world." For more information please contact Nikki Norine (237-8210) and or Rely Matiza.

ADVENTURERS: Adventures Investiture Service has been postponed. A new date will be announced in January. Do you have a child or grandchild between the ages of 4 and 10? Are you looking for a place where your child or grandchild can grow in the knowledge of God? If so, perhaps the Adventures Club is the place for you and your child or grandchild! The Adventurers Club is one of the Seventh-day Adventists ministries open to children between the ages of 4 and 10 in which the church, home and school join together to help children grow joyfully in wisdom, stature and in favour with God and society.

SUNSET THIS WEEK: 4:29 PM
SUNSET NEXT WEEK: 4:39 PM

- January 12th (Monday) Church Board Meeting 7 p.m.
- January 18th (Sunday) Adventurers
- January 25th (Sunday) Annual Business Meeting 1-3 p.m.
- February 1st (Sunday)- Adventurers
- February 15th (Sunday) Adventurers
- March 1st (Sunday) Adventurers
- March 15th (Sunday) Adventurers
- March 29th (Sunday)- Adventurers

CHURCH FAMILY NEWS

